

The Constraint Induced Movement Therapy (CIMT) camp at Crossway Pediatric Therapy has been taking place annually since 2009. We use an evidence-based practice to address neuromotor involvement. In addition to summer CIMT camp, Crossway also offers intensive CIMT for children 1-1 outside of camp. We use evidence-based contemporary approaches to treat neuromotor involvement: hemiparesis secondary to stroke.

CIMT is the application of the restraint or cast to the less affected arm for 24 hours a day for 7 days a week for 90 hours coupled with therapy of shaping and no additional interventions. Crossway has demonstrated Pediatric CIMT or pCIMT can be effective with a smaller dosage and has created a program for only \$3000 for pCIMT. Pediatric constraint induced movement therapy of casting the less affected arm for 24 hours a day for 3-5 weeks for a total of 45-60 hours of therapy with the implementation of shaping and collective evidence-based practices for individual intensive therapy.

The family is typically involved during the intensives for the individualized or camp setting so that they can see what our practices are and can adopt them at home. It is also an excellent way to meet other families and other children. Some parents follow the child throughout the session and others volunteer to help with the camp to not distract their child. We also have parents that drop off and pick up. Any of the following is acceptable as long it yields the best therapeutic value. Families who attend the CIMT intensives at for either camp or individualized intensives also see specialists such as the orthotist, physiatrist, or optometrist during his or her attendance hours to determine if there any additional treatments that could be effective to the total program.

[CrosswayTherapy.com](http://CrosswayTherapy.com)

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CrosswayTherapy.com

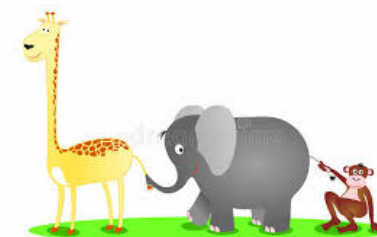


**CIMT Camp  
Information  
Inside!**



## CIMT Camp Carnival

June 10<sup>th</sup> - July 1<sup>st</sup>  
2020



Crossway Pediatric Therapy  
offers collective evidence  
based practices in  
combination with  
pediatric CIMT

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General Information Shelley A. Dean, OTD, OTR/L, and the Crossway team of therapists and special educators run an annual CIMT Camp. Typically the camp is broken into groups based on age and skill level (2-4 yrs and 5-14 yrs). Each camper will be paired with an individual volunteer to guarantee success with all tasks throughout each day. Individualized therapy treatment happens within the day in both push and pull out approaches. Individuals who cannot make all three weeks may be accepted on a case-by-case basis, please inquire. This year we will be accepting 20 campers, Application deadline is May 1, 2020. Please complete: [CIMT Log](#), [Registration Form](#), [Waiver Form & Parent Consent for Treatment Form](#) found on our website: [CrosswayTherapy.com](#). Once application will be submitted, a therapist will be in touch with further information.

NOW Registering for CIMT Camp 2020  
Complete registration online at: [CrosswayTherapy.com](#)

Parent Information

Camp starts at 9:00am. Please walk your child to the front office lobby. Your Child's volunteer will greet you upon arrival. Pick-up time is 2:00. We will meet in the front office for dismissal.

Items to bring every day

1. Backpack
  2. Water Bottle
  3. Lunch (no nut products)
- \*\*\*please label all items and notify staff of any allergies or food concerns. Crossway will provide snacks



Daily Schedule Camper Rotation.  
9:00am – 2:00pm

- Classroom 3** - Magic Ticks
- Sensory Room 3** – Animals
- Classroom 2** – Crafts
- Multipurpose Room** - Carnival Games
- Café** - Snack/Lunch
- Classroom 4** - Story/break (fidgets, toys etc...)
- Sensory Gym 2** - Gross Motor – (Big Top)
- Crossway Academy Therapy Rm** - Fine Motor Game.
- Classroom 1** - Sensory Room

Crossway CIMT CAMP 2020

Dates: June 10<sup>th</sup> – July 1st  
Time: 9:00 – 2:00PM  
Pricing: \$3000

Cost Includes:

- One hour of Occupational Therapy and One hour of Physical Therapy daily
- Five hours CIMT (restraint of the less affected side)
- One volunteer assigned to each child
- Evidence based practice for the treatment of hemiplegia secondary to perinatal/pediatric stroke

\*\*\*Insurance may be billed if verified prior to camp start date. Prior authorization is required; clarify if you prefer insurance or private pay. We accept all insurance companies and are in-network with most including NC & SC Medicaid.

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