

2011 Summer Group Descriptions

Super Snackers: Provides children the opportunity to explore new foods and socialize in a safe and fun setting over lunch/snack. This group will be lead by an OT and ST. Wednesday 11:30AM to 12:30PM.
Ages 3 to 5

Constraint Induced Movement Therapy Camp (CIMT): Occupational, physical and speech therapist led camp for children affected by hemiparesis. Children will experience gains in willingness and participation through a variety of interactive therapeutic activities while wearing a uni-valve cast on affected side during camp hours. Camp will run Monday-Thursday 9AM-3PM July 18th to August 4th.

Ready, Set, Pre-School: Community integration for children transitioning from Early Intervention home therapy to a school setting. This class helps prepare for school, community and social settings by learning to interact with peers appropriately. Fridays from 10AM to 12PM June 17- August 5th. *Ages 2 to 4*

Sunshine Yoga: This group is designed for making friends, building self-esteem and learning body awareness. Children can come to this group and work their bodies and their minds. Thursdays at 1PM ongoing. *Ages 4-6 (additional classes will be offered if needed)*

Mind and Body Connection: An introduction to health and wellness for girls ages 10+ who experience aversion to healthy foods and exercise. This ongoing group meets every-other Tuesday from 4 – 5p.

Bella Babies: Come share an opportunity to bond, connect and communicate with your baby through gentle massage. Learn strokes to help your baby calm while also learning ways to handle and position for overall development. Will need to bring a blanket and massage oil (grapeseed preferred). Friday 9a.

Camp Crossway: Annual summer camp runs June 20-23, 27-30, and July 5-8 from 9AM to 12:30PM. This camp, run by a Special Education Teacher will include learning within a fun atmosphere where children build gross motor and fine motor skills through sensory experiences while developing social skills.

PECS: Intensive program to encourage children to use a picture exchange communication system to interact with peers and family and to decrease frustration associated with inability to communicate. 6-week sessions meet Tuesday, Wednesday and Thursday, please call for session dates. *Ages 2 to 5*

All Stars: Offers an older age group the opportunity to learn social skills, self awareness and self regulation in a safe, sensory-enriched environment lead by an ST and OT. This ongoing group for 8-10 year olds meets Mondays 3PM-4PM.









Warrior Friends: This opportunity allows children to learn and grow together. Build self-confidence and develop core muscles necessary for upright posture and endurance for school and play. Wednesdays 4-5PM, ongoing. *Ages 7-9.*

Cool Crossway Kids: Think outside the box to develop academic skills and higher executive functioning in order to problem solve and make decisions as a team while building self-esteem and friendships. Thursday 4-5, ongoing for children ages 7-10.



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**Please contact for more information and to register
 Summer 2011 Group Calendar**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All Stars Ages 8-10, 3-4 PM</p> 	<p>Mind and Body Connection Age 10+4-5 PM e/o week</p> 	<p>Super Snackers ages 3-5, 11:30AM- 12:30PM</p>  <p>Warrior Friends Ages 7-9,4-5PM</p> 	<p>Sunshine Yoga ages 4-6, 1-2PM</p>  <p>Cool Crossway Kids 4-5 PM</p> 	<p>Bella Babies New Born – 2 years 9-10AM</p>  <p>Ready Set Pre-School Ages 2-4, 10-12 PM</p> 

*****Please call 704-847-3911 with questions or requests for additional information*****